

# ***ROLE OF THE NURSE IN REDUCING SOCIAL PROBLEM***

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# ***INTRODUCTION***

A social problem is any condition or behavior that has negative consequences on large numbers of people and that is generally recognized as a condition or behavior that needs to be addressed this definition has both an objective component and a subjective component.

# DEFINITION

- ▶ *Social problem is any difficulty of misbehavior of a fairly large number of person which we wish to remove or correct*

**LAERENCE K. FRANK**

- ▶ *Social problem is a condition which is defined by a considerable number of persons as a deviation from some social norm which they cherish*

**RICHARD C . FULLER**

# NURSING STRATEGIES TO REDUCE SOCIAL PROBLEM

- ▶ NURSE SHOULD ASSESS SOCIAL FACTORS RESPONSIBLE FOR INDIVIDUAL ILLNESS THE NURSE NEEDS TO ASK PATIENTS ACCESS TO
- ▶ PHYSICAL AND MENTAL HEALTHCARE SERVICES
- ▶ HOUSING CONDITIONS AVAILABILITY OF NUTRITIONS FOOD CLEAN DRINKING WATER
- ▶ HEALTH EDUCATION RESOURCES
- ▶ TRANSFORMATION FACITIES
- ▶ SOCIAL SUPPORT
- ▶ LOCALITY OF RESIDENCE

# COMMUNITY COLLABORATION

- ▶ To address social problem of community the nurse needs to collaborate and communicate beyond traditional healthcare boundaries such as local government housing society etc.
- ▶ Nurse should foster strong communication among cross-sector stakeholders to define planned vision and strategies needed to address social problem and improve positive health outcomes.

# PUBLIC ADVOCACY

- ▶ Bring a change at the local level by working with community -based agencies so as to influence policy maker in drafting legislations.
- ▶ Empower individuals families and communities by educating them about prevention of health problems and addressing social problems.
- ▶ Educate public on superstitious beliefs and their effect on health and illness family welfare services and social welfare program available for people of their community.
- ▶ Identify the vulnerable individuals and assess their biopsychosocial issues empower them by educating them on services legal acts and other benefits.
- ▶ Identify community facilitators and barriers to achieve health goals.

# ROLE OF THE NURSE

1. COORDINATOR
2. COMMUNICATOR
3. TEACHER
4. COUNSELOR
5. MANAGER
6. LEADER
7. MOTIVATOR
8. RESEARCHER
9. GUIDE
10. ADVOCATE

# ***COORDINATOR***

- ▶ *Nurse is a coordinator between patient and health care team as a coordinator she understand the social welfare policies and helps the beneficiaries to avail such schemes*



# communicator

- ▶ When an uneducated patient comes in the hospital as a nurse it is her responsibility to communicate the clients in their local language so that they feel to verbalize their feelings

# ***TEACHER***

- ▶ Giving health education is the major role of the nurse nurse educated the clients on social problem like alcoholism substance abuse and many other such prevalling issues in the society

# ***COUNSELOR***

- ▶ Nurses not only provide information of the social problem but also act as a counselor and guide the ways and possibilities to overcome from her problem
- ▶ For example nurse works as counsellor for HIV and AIDS and alcoholic people

# ***MANAGER***

- ▶ As a manager nurse not only assesses the social problem in her area but also plans organize control and delegate the required services to deal with the social problem
- ▶ For example in community area first of all the nurse sees the economic condition of the assigned families and then plans and delivers all services according to economic condition of the family

# LEADER

- ▶ As a leader she creates awareness among the society regarding prevailing social problem
- ▶ For example nurse change the attitude of the society regarding handicapped or person living with HIV and AIDS help them to attain their fundamental rights

# MOTIVATOR

- ▶ As a nurse she is a mentor in the society and motivates the people to quit bad habits and attain healthy habits
- ▶ For example she motivates the people to adopt preventive measure regarding AIDS and also motivates to quit bad habits like drugs abuse or alcoholism

# RESEARCHER

- ▶ As a researcher she systematically collects the information regarding social problems and collects the fact and try to find out the possible solution to the prevailing

# ADVOCATE

- ▶ Nurse also act as an advocate for her patients
- ▶ For example she fights for the basic rights and responsibility of the society for disabled people



# GUIDE

- ▶ As a guide nurse guides the society regarding social problem their prevention and treatment and rehabilitation services available for that particular social problem

# SUMMARY

# REFERENCE

Applied sociology for nurses

Varinder Kaur

R Sreevani

**THANK YOU**

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