



DEPARTMENT OF MENTAL HEALTH NURSING

Comprehensive mental health care at the primary health care level focuses on early identification, basic management, and timely referral of mental health conditions. Primary health care providers play a vital role in recognizing common mental health problems, offering empathetic counseling, reducing stigma, and ensuring continuity of care. Strengthening knowledge and skills through Continuing Professional Development (CPD) enables providers to deliver holistic, person-centered mental health services integrated into routine health care, thereby improving overall health outcomes and community well-being.

KEY POINTS

Introduction to mental health & Disorder

Mental Health Promotion, Assessment & counselling skill

Management at PHC level & Referral Pathways

Substance use Disorder

Self care of Health care Provider

Legal & Ethical aspect in Mental health care act 2017



MAHARASHTRA EDUCATION SOCIETY'S MES COLLEGE OF NURSING

NAAC B+

Institute of Health Sciences, Ghanekhunt-Lote, Tal. Khed, Dist. Ratnagiri-415722.
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CONTINUING EDUCATION PROGRAMME 2026

COMPREHENSIVE MENTAL HEALTH CARE FOR PRIMARY HEALTH CARE PROVIDER

On, 17th January 2026
9.00 am to 5.00 pm

Applied for MNC Credit Hours

Prof. Shivaprasad Halemani
Vice Principal
MES College of Nursing
Ghanekhunt Lote

Prof. Milind Kale
Principal
MES College of Nursing
Ghanekhunt Lote



CONTACT:

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REGISTER HERE

<https://forms.gle/CtRfEfgFiGM96uGZ8>

REGISTRATION FEES:

350 Rs Including registration fees
and Refreshment

VENUE:

Assembly Area, MES College of Nursing
Ghanekhunt Lote